## **SIBLING RIVALRY** Discover how to prevent it...



Whether it's the relationship between the two brothers in the parable of the prodigal son or Cinderella and her ugly stepsisters, sibling rivalry is as old as time itself. However, if you're worried about how your little one is going to get on with their new brother or sister, there are things you can do to make it easier.

Maternity Nurse, Deearna Withey explains "You need to prepare your child to all the little things; talk about your tummy and the growing baby, preparing the nursery, buying new clothes, scan visits even down to allowing your child to rub some cream into your growing

bump and feeling the kicks." Having a maternity nurse come to your home and stay with you for a couple of days to assist you with your toddler can also prevent sibling rivalry, as they can make suggestions to resolve any jealousy issues that could arise. Deearna's Maternity Agency offer a unique service where they teach you effective ways in which your child can be a great help to you with your new baby.

## \* www.deearnas-maternity-agency.co.uk