

DID YOU KNOW?

Long before a baby can crawl, they can tell the difference between a happy face and a sad face, and even imitate facial expressions.

Try this little trick:

Sit with your baby on your lap facing you. When you have their complete attention, poke your tongue out and watch your baby copy it. It may take a few attempts but it will happen.

- Crying babies are generally calmed by having their nappy changed however they don't really care if it is wet or not!
- It's actually the movement and the body contact the babies like.
- Babies cry less when they are warm.
- Babies cry a lot more if their mums are under stress.
- Babies peak and cry more at six weeks old than at any other time.
- Babies are born with a crying reflex so like we talk naturally they cry naturally. It does not mean to say anything is wrong and the more stressed you get the worse it will be.
- *The single most common mistake that all parents make is to assume that a cry means an immediate need!*

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