

# CAN I STILL BREASTFEED IF I HAVE HAD BREAST IMPLANTS OR A REDUCTION?

## Breast Implants

You can if the breast implants were placed under the muscle of the breast gland, as this will mean the milk ducts have not been disrupted. If over the muscle of the breast gland we will need to establish whether or not the milk ducts were cut during surgery. We suggest that you talk through with your consultant and ask where the implants have been placed and whether or not your milk ducts were disrupted.

## Breast Reductions

If the nipple and areola are still attached to all the breast tissue then it will be possible, if however they were removed during surgery then possibly not.

However you will still be able to feed your baby colostrums (the first milk) which will be available for approx up to 96 hours after birth. Colostrums is hormone based so will be readily available, breast milk is triggered by the suckling of the areola and nipple, hence if during surgery this has been removed it may not be possible. *But!* Did you know that 5 years after surgery normally the mammary system would have repaired itself back to its normal pre surgery condition?

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